

Prince William Parkway Trail, Chinn Park

Chinn Park is an athletic center in Dale City. Most known for its indoor pool, the park is also right off the Prince William Parkway. From here, the Prince William Parkway Trail (PWP) can be followed 8.8 miles to Liberia Ave. in Manassas. The trail can be followed in the other direction also but going toward Dale City from here it is characterized by high traffic and congestion from the busy shopping centers. Even going toward Manassas, the trail is very close to the highway. People do use it however, for long training runs or short bicycle rides. It's appropriate for in-line skating however long rolling grades and occasional debris put it beyond the comfortable range for beginners.

Getting There

From the Capital Beltway

Take Exit 1, for Interstate 95 headed south. Go less than 12 miles, then take Exit 158 for the Prince William Pkwy, Rte. 3000. Go approximately 3.5 miles, then turn right on Chinn Park Dr. Turn right again into the Chinn Aquatic and Fitness Center and park. Start from the fitness center.

Area Routes

Prince William Parkway Trail (10.55 miles, X)

At first, leaving the fitness center, the trail along the Prince William Parkway is cluttered by retail establishments and is flat. Not until you pass Davies Ford Rd., Rte 663, after 1.75 miles does the setting truly improve. Trees then occupy both sides of the highway. The drone of the nearby highway is still there however, once you get into a rhythm you might be able to tune its constancy out. The trail is close enough to the road for you to read and use the road signs showing kilometers traveled with reasonable accuracy. The other thing that happens after you pass Davies Ford Rd. is that the trail starts to go down and over a series of long graded hills. Besides some highway drainage catch ponds, there are few items to note. One segment of the trail intersects no roads for 2.6 miles. At the bottom of a long hill, turn right on a very short trail that leads up to River Forest Dr. The road climbs and descends through neighborhoods with widely dispersed houses. Cutting through between developments on a very short dirt trail, return to the Prince William Parkway Trail and return the way you came, back down and over the hills to the fitness center.

Nearby and Connecting Zones

Prince William Parkway Trail, Signal Hill Park

What to do Afterward

Food and Drink

Brad's Bagel Café - 703 680-0189

El Charro Mexican Restaurant - 703 680-0484

Macaroni Grill - 703 491-3434

Tim's Rivershore Restaurant - 703 441-1375

Entertainment and Edification

Chinn Aquatics and Fitness Center - 703 791-2338

Merchants Mill - Occoquan - known as the first automated grist mill in the nation

SkateNation - ice skating in Dale City - 703 730-8423

Prince William Parkway Trail

Distance: 10.55 miles

Rating: X; long graded hills on mostly paved trails with some road shoulders; sunny

0.0 from the fitness center

L 0.05 Chinn Park Dr

R 0.15 Prince William Pkwy Trail (PWP)

CL 0.3 Old Bridge Rd; to stay on the PWP

1.0 Black Forest La on L

1.3 County Complex Ct (stadium)

1.75 Davies Ford Rd, Rte 663

2.6 driveway for pond at bottom of hill

3.28 9km sign on road near top of hill

3.8 bridge over creek

4.4 Fingerlake Way on R

R 4.8 trail X on R; at Scenic Point Dr on L

4.85 River Forest Dr

5.25 Allendale Ct on L

R 5.55 Stonebrook Dr on R

S 5.95 trail head at end of Stonebrook Dr

6.0 trail ends; Fingerlake Way

L 6.2 PWP Trail

6.75 bridge over creek

7.3 9km sign on road after top of hill

7.95 driveway for pond at bottom of hill

8.8 Davies Ford Rd, Rte 663

9.3 County Complex Ct (stadium)

9.55 Black Forest La on R

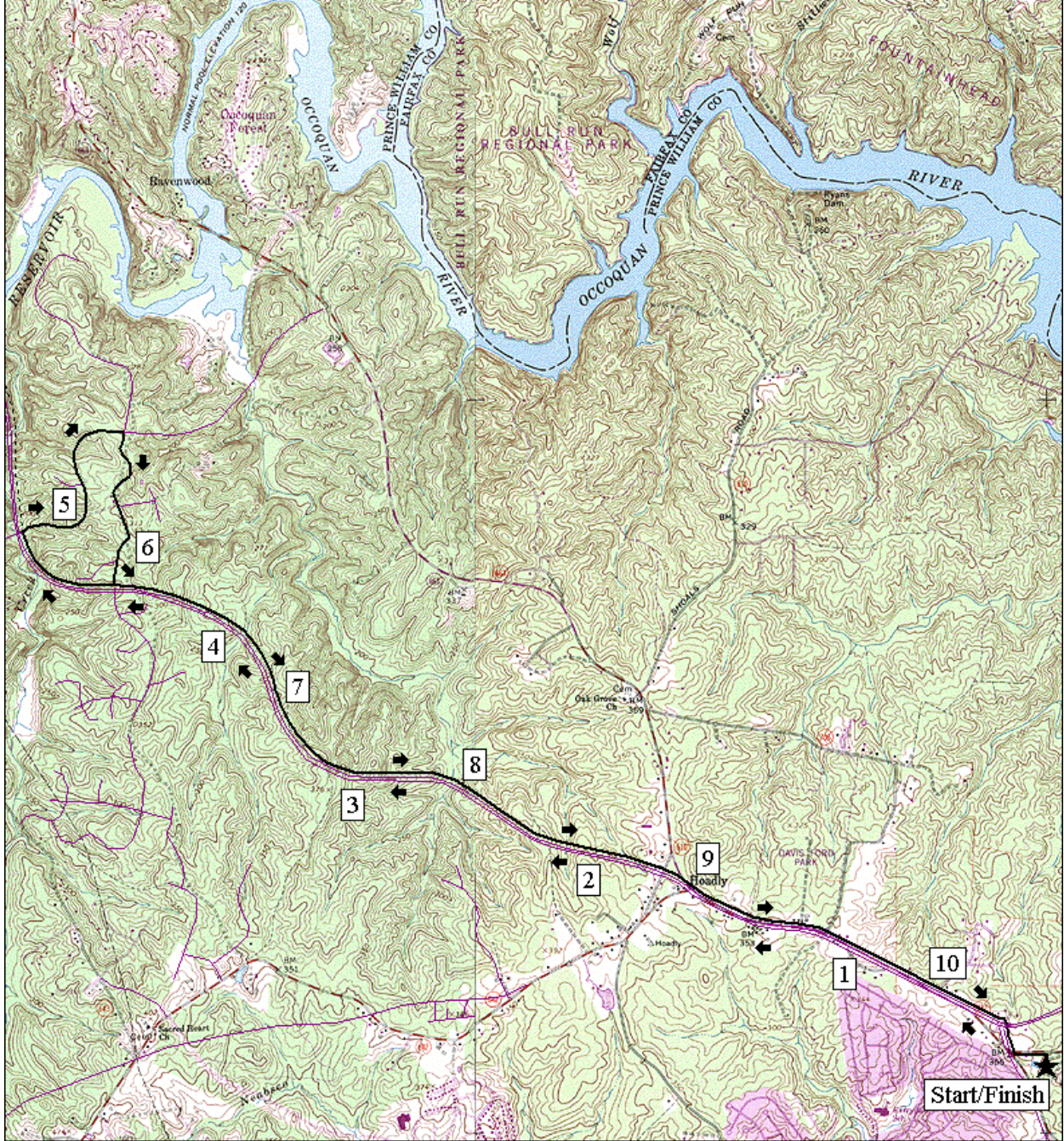
CR10.25 Old Bridge Rd/Touchstone Circle; to stay on the PWP

CL10.4 Chinn Park Dr

R 10.5 into Chinn Park

10.55 fitness center

Prince William Parkway Trail



MN TN
10 1/2°